

LIFEPlan CCO NY contact list Southern Tier region

County	Home Hub	First name	Last name	Position	main # with extention	direct number	email								
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Southern Tier Region	Binghamton	Anne	Seepersaud	Regional Vice President - Southern Tier	315.565.2612;123	607.214.0618	anne.seepersaud@lifeplanccny.com								
Chenango/Otsego/Delaware/Tom	Oneonta	Christine	Fritsch	Director of Care Management	315.565.2612;4846	607.930.4846	christine.fritsch@lifeplanccny.com								
Broome/Tioga/Tompkins	Binghamton	Nancy	Ranger	Associate Director of Care Management	315.565.2612;5197	607.930.4845	nancy.ranger@lifeplanccny.com								
Southern Tier Region	Binghamton	vacant		Administrative Assistant											
Southern Tier Region	Oneonta	Johanne	Cook	Program Specialist	315.565.2612;5159	607.930.4787	johanne.cook@lifeplanccny.com								
Southern Tier	Ithaca	Joe	Ryan	liaison - Southern Tier											
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Broome/Tioga/Tompkins	Binghamton	Nancy	Ranger	Associate Director of Care Management	315.565.2612;5197	607.930.4845	nancy.ranger@lifeplanccny.com								
Broome/Tioga/Tompkins	Binghamton	Kim	Cary	Care Manager Supervisor	315.565.2612;4860	607.930.4860	kim.cary@lifeplanccny.com								
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Broome/Tioga/Tompkins	Binghamton	Kristal	Larnerd	Care Manager	315.565.2612;95706	607.238.5706	kristal.larnerd@lifeplanccny.com								
Broome/Tioga/Tompkins	Binghamton	Micaela	Lusk	Care Manager	315.565.261;4796	607.930.4796	michaela.lusk@lifeplanccny.com								
Broome/Tioga/Tompkins	Binghamton	Amber	Miller	Care Manager	315.565.2612;92220	607.235.2220	amber.miller@lifeplanccny.com								
Broome	Binghamton	Derek	Schreiber	Care Manager	315.565.2612;5202	607.930.4852	derek.schreiber@lifeplanccny.com								
Tioga	Binghamton	Sarah	Matt	Care Manager Supervisor	315.565.2612;5190	607.930.4837	sarah.matt@lifeplanccny.com								
Tioga/Tompkins	Ithaca	Sara	Blasi	Care Manager	315.565.2612;1613	607.214.0613	sara.blasi@lifeplanccny.com								
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Tioga/Tompkins	Binghamton	Angela	Fey	Care Manager	315.565.2612;5167	607.930.4803	angela.fey@lifeplanccny.com								
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Tioga/Broome	Binghamton	Ronald	Myers	Care Manager	315.565.2612;5195	607.930.4843	ronald.myers@lifeplanccny.com								
Tioga/Broome	Binghamton	April	Vazquez	Care Manager	315.565.2612;5213	607.930.4868	april.vazquez@lifeplanccny.com								
Broome/Tioga	Binghamton	Rosemarie	Stevens	Care Manager Supervisor	315.565.2612;5207	607.930.4862	rosemarie.stevens@lifeplanccny.com								
Broome	Binghamton	Chelsey	Briggs	Care Manager	315.565.2612;5152	607.930.4772	chelsey.briggs@lifeplanccny.com								
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Broome	Binghamton	Jennifer	Cass	Care Manager	315.565.2612;5154	607.930.4776	jennifer.cass@lifeplanccny.com								
Broome	Binghamton	Diane	Fiori	Care Manager	315.565.2612;5168	607.930.4804	diane.fiori@lifeplanccny.com								
Broome	Binghamton	Lisa	Jackson	Care Manager	315.565.2612;5182	607.930.4826	lisa.jackson@lifeplanccny.com								
Broome	Binghamton	Sarah	Sevilla	Care Manager	315.565.2612;5188	607.930.4835	sarah.sevilla@lifeplanccny.com								
Broome	Binghamton	Marci	Sheffler	Care Manager	315.565.2612;5196	607.930.4844	marci.sheffler@lifeplanccny.com								
Broome	Binghamton	Chelsey	Strano	Care Manager	315.565.2612;5208	607.930.4863	chelsey.strano@lifeplanccny.com								
Broome/Tioga	Binghamton	Chris	Washburn	Care Manager Supervisor	315.565.2612;5214	607.930.4869	chris.washburn@lifeplanccny.com								
Broome/Tioga	Binghamton	Valarie	Cunningham	Care Manager	315.565.2612;5160	607.930.4789	valerie.cunningham@lifeplanccny.com								
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Broome/Tioga	Binghamton	Sheri	Mayer	Care Manager	315.565.2612;5191	607.930.4838	sheri.mayer@lifeplanccny.com								
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Broome	Binghamton	Christina	Rodriguez	Care Manager	315.565.2612;5201	607.930.4849	christina.rodriguez@lifeplanccny.com								
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Chenango/Otsego/Delaware/Tom	Oneonta	Christine	Fritsch	Director of Care Management	315.565.2612;4846	607.930.4846	christine.fritsch@lifeplanccny.com								
Tompkins/Tioga	Ithaca	Nicole	Blagg	Care Manager Supervisor	315.565.2612;3382	607.930.3382	nicole.blagg@lifeplanccny.com								
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Tompkins/Tioga	Ithaca	Stephanie	Hammond	Care Manager	315.565.2612;94864	607.930.4864	stephanie.hammond@lifeplanccny.com								
Tompkins/Tioga	Ithaca	Doreen	Nettleton	Care Manager	315.565.2612;1484	607.930.4841	doreen.nettleton@lifeplanccny.com								
Tompkins/Tioga	Ithaca	Melinda	Sheppard	Care Manager	315.565.2612;4828	607.930.4828	melinda.sheppard@lifeplanccny.com								
Tompkins/Tioga	Ithaca	Cheri	Williams-Areis	Care Manager	315.565.2612;3048	607.930.4805	cheri.williams-areis@lifeplanccny.com								
Tompkins/Cortland	Ithaca	Allison	Chorley	Care Manager Supervisor	315.565.2612;5156	607.930.4779	allison.chorley@lifeplanccny.com								
Tompkins/Cortland	Ithaca	Karin	Brewer	Care Manager	315.565.2612;4268	(315) 930.4268	karin.brewer@lifeplanccny.com								
Tompkins/Cortland	Ithaca	Carrie	Contento	Care Manager	315.565.2612;5158	607.930.4783	carrie.contento@lifeplanccny.com								
Tompkins/Cortland	Ithaca	Megan	Harmin	Care Manager	315.565.2612;5179	607.930.4822	megan.harmin@lifeplanccny.com								
Tompkins/Cortland	Ithaca	Cristin	Marshall	Care Manager	315.565.2612;99681	607.930.4822	cristin.marshall@lifeplanccny.com								
Tompkins/Cortland	Ithaca	Stacey	McCall-Bush	Care Manager	315.565.2612;4824	607.930.4824	stacey.mccall-bush@lifeplanccny.com								
Tompkins/Cortland	Ithaca	Laura	Nunn	Care Manager	315.565.2612;99413	607.216.9413	laura.nunn@lifeplanccny.com								
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Otsego	Oneonta	Jessica	Sudore	Care Manager	315.565.2612;3057	607.214.3057	jessica.sudore@lifeplancony.com										
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Tompkins/Tioga	Ithaca	Stephanie	Fitzpatrick	Care Manager Supervisor	315.565.2612;2183	607.235.2183	stephanie.fitzpatrick@lifeplancony.com										
Tompkins/Tioga	Ithaca	Kristy	Akdemir	Care Manager	315.565.2612;2937	607.238.2937	kristy.akdemir@lifeplancony.com										
Tompkins/Tioga	Ithaca	Melissa	Lyon	Care Manager	315.565.2612;93966	607.821.3966	melissa.lyon@lifeplancony.com										
Tompkins/Tioga	Ithaca	Mary	Riggles	Care Manager	315.565.2612;5200	607.930.4848	mary.riggles@lifeplancony.com										
Tompkins/Tioga	Ithaca	Clerra	Pope	Care Manager	315.565.2612;4886	607.930.4886	clerra.pope@lifeplancony.com										
Tompkins/Tioga	Ithaca	Bridget	Vary	Care Manager	315.565.2612;2361	607.235.2361	bridget.vary@lifeplancony.com										
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Delaware	Oneonta	Athena	Gill	Care Manager	315.565.2612;5174	607.930.4810	athena.gill@lifeplancony.com										
Broome/Chenango/Delaware/Otsego	Oneonta	Jennifer	Guinn	Care Manager	315.565.2612;2191	607.235.2191	jennifer.guinn@lifeplancony.com										
Delaware/Otsego	Oneonta	Abby	Merrill	Care Manager	315.565.2612;4863	607.930.4836	abby.merrill@lifeplancony.com										
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Delaware/Otsego	Oneonta	Shawna	Wilsey	Care Manager	315.565.2612;5217	607.930.4892	shawna.wilsey@lifeplancony.com										
Tompkins/Cortland	Ithaca	Rose	Martini	Care Manager Supervisor	315.565.2612;4061	607.214.0619	rose.speranza@lifeplancony.com										
Tompkins/Cortland	Ithaca	Veronica	Peck	Care Manager	315.565.2612;4833	607.930.4833	veronica.peck@lifeplancony.com										
Tompkins	Ithaca	Brandy	Harvey	Care Manager	315.565.2612;5180	607.930.4823	brandi.harvey@lifeplancony.com										
Tompkins	Ithaca	Michelle	Lawton	Care Manager	315.565.2612;99701	607.238.2243	Michelle.lawton@lifeplancony.com										
Cortland	Ithaca	Lisa	Petry	Care Manager	315.565.2612;92238	607.235.2238	lisa.petry@lifeplancony.com										
Cortland	Ithaca	Nichole	Sanford	Care Manager	315.565.2612;93184	607.214.3184	nichole.sanford@lifeplancony.com										
	Oneonta	Christine	Fritzsche	Director of Care Management	315.565.2612;4846	607.930.4846	christine.fritzsche@lifeplancony.com										
Chenango/Delaware	Oneonta	Cindy	Bair	Care Manager	315.565.2612;3053	607.214.3053	cindy.bair@lifeplancony.com										
Chenango/Delaware	Oneonta	Elizabeth	Chesebro	Care Manager	315.565.2612;5155	607.930.4778	elizabeth.chesebro@lifeplancony.com										
Otsego	Oneonta	Debra	Hofmann	Care Manager	315.565.2612;8084	607.930.4808	debra.hofmann@lifeplancony.com										
Chenango/Delaware/Broome	Oneonta	Samantha	Keach	Care Manager	315.565.2612;5183	607.930.4827	samantha.keach@lifeplancony.com										
Chenango/Broome	Oneonta	Lisa	Rifanburg	Care Manager	315.565.2612;5199	607.930.4847	lisa.rifanburg@lifeplancony.com										
Chenango/Broome	Oneonta	Rachel	Wolcott	Care Manager	315.565.2612;5219	607.930.4894	rachel.wolcott@lifeplancony.com										
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Otsego	Oneonta	Kelly	Ahlqvist	Care Manager	315.565.2612;3060	607.214.3060	kelly.ahlqvist@lifeplancony.com										
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Otsego	Oneonta	Sabrina	French	Care Manager	315.565.2612;5170	607.930.4806	sabrina.french@lifeplancony.com										
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Otsego	Oneonta	Molly	Toye	Care Manager	315.565.2612;5210	607.930.4865	molly.toye@lifeplancony.com										