

TOP TEN THINGS YOU SHOULD DO

WHEN YOU SUPPORT US

- * Forget the records, get to know us as people**
- * Listen and hear our voice, we have got lots to say**
- * Treat us like you want to be treated—with respect and dignity**
- * Ask us how we feel about stuff**
- * Make it your goal to help us accomplish our goals**
- * Take time to explain things if we don't understand something**
- * Put yourself in our shoes—walk our walk**
 - Tell us the truth**