

# **TOP TEN THINGS YOU SHOULD NOT DO**

## **WHEN YOU SUPPORT US**

- **Don't think we don't think**
- **Don't change your tone of voice when you see us or when we come in the room**
- **Don't touch our property or move our equipment without asking ( for example: a person in a wheelchair who gets moved by staff without asking )**
- **Don't ask someone else what we want—ask us**
- **Don't have meetings about us without us**
- **Don't talk to us in a bossy way**
- **Don't talk to us in a “cute” tone of voice**
- **Don't discount our abilities**
- **Don't think that people with disabilities are all the same—we are all different, including you**
- **Don't patronize us**