

The CAS assessment is a snapshot in time that gathers important information about your strengths, needs and interests. This important information helps your Care Manager develop a Life Plan that supports you to live the life you want.

If you are receiving Office for People With Disabilities (OPWDD) services, and over the age of 18, you will be asked to take part in a CAS assessment.

HOW IT WORKS

- The assessor will work with your Care Manager to schedule a time to complete the assessment and will work to ensure everyone you would like to be present (family, friends, Care Manager, etc.) at this meeting is invited.
- At the meeting the assessor will talk with you about, a snapshot in time (usually within the last three to seven days). This will include all aspects for your life including but not limited to interests, living skills, health and supports.
- They will also talk to someone that knows you well.
- They will look at past records to ensure they have all the accurate information needed.
- The completed/finalized CAS is shared with your Care Manager

ROLE OF THE CARE MANAGER

- Provides requested information to the assessor.
- Assist in scheduling the CAS meeting if needed.
- Attend the meeting if requested by the member, family or advocate.
- When the finalized CAS is received, the Care Manager will meet with the member, family, designee or legal guardian to review and determine if any action must be taken as part of the person-centered planning process.
- The Care Manager will add any information from the CAS into the Life Plan as appropriate.

It is important to know the CAS assessment is required as part of the OPWDD person centered process. If you elect not to participate, information will be obtained by discussion with your Care Manager and record review. LIFEPlan encourages you to participate so the most accurate information can be gathered, and the Life Plan is created to meet your needs.

Please reach out to your Care Manager with questions.

[View full CAS Brochure \(English\)](#)
[View full CAS Brochure \(Spanish\)](#)

