

Web Resources

<https://joshin.com/>

<https://www.supportal.org/>

<https://www.sittercity.com/special-needs>

<https://cdpaanys.org/>

<https://www.care.com/>



Social Media Resources

- [Westchester & Rockland DSP Job Bank](#)
- [Region 1 Self-Direction](#) (Finger Lakes Region)
- [OPWDD Self-direction info and support in the Capital District of NY](#)
- [Direct Support Professional of the Capital Region of NY](#)
- [New York State Special Needs Parents](#)

