

OPWDD INDIVIDUAL RIGHTS

SIMPLIFIED

All people with intellectual and/or developmental disabilities should be aware of their civil rights when receiving the services they need. This list provides a simplified look at those rights.

For a full list, see OPWDD Individual Rights [here](#).



SAFETY

- to live in a safe, clean environment
- from physical and psychological abuse
- from being taken advantage of



ASSISTANCE

- with understanding the services and supports available to you
- with medical and dental care
- with individually owned clothing
- with balanced and nutritious diet
- with individually owned grooming and hygiene supplies



FREEDOM

- from unnecessary use of mechanical restraints or medications
- from discrimination regarding HIV status
- to express cultural identity and religion of choice
- to choose where you want to live



FINANCIAL

- understand and receive support with own money
- use of personal money or property
- receipt of information regarding the supplies and services that the facility will provide



CONFIDENTIALITY

- of information and access to own records
- of HIV related information
- to reasonable degree of privacy within residence



COMMUNICATION

- to request and receive visits
- to send and receive communications privately and freely
- to express grievances, concerns
- to access translation services or deaf/hard-of-hearing support



PARTICIPATION & ACCESS

- a Life Plan that is based on your needs and wants
- to engage in meaningful recreational and community activities
- to voting and civic responsibilities
- to CPR and DNR decision making
- in creating a health care proxy



SEXUALITY

- to free expression of sexuality while respecting rights of others/ facilities to reasonably limit expressions
- access to instructions on sexuality and family planning
- the opportunity to carry a pregnancy to term or to secure a safe abortion

Questions? Contact your Care Manager.