

*All people with intellectual or developmental disabilities should be aware of their civil rights when receiving OPWDD services. Your Care Manager will supply you with a full list of Rights and Responsibilities.*

## SAFETY RIGHT

- to live in a safe, clean environment
- to be safe/free from physical and psychological abuse
- to be treated with respect and dignity



## FREEDOM RIGHT

- from unnecessary use of restraints - physical or medication
- from discrimination of any kind
- to express cultural and political identity
- to practice my religion of choice



## RECEIVE ASSISTANCE RIGHT

- with understanding the services and supports available
- with medical and dental care
- with individually owning clothing, grooming and personal items
- with a balanced and nutritious diet



## PARTICIPATION AND ACCESS RIGHT

- in a Life Plan based on my needs, wants and goals
- to engage in meaningful recreational and community activities
- to make my own schedule
- to vote and participate in civic responsibilities
- to CPR and DNR decision making
- to create a health care proxy



## CONFIDENTIALITY RIGHT

- of information and access to my own records
- of HIV and other medically related information
- to reasonable degree of privacy within my residence



## FINANCES RIGHT

- to understand and receive support with my own finances
- to the use of my personal money and property
- to receive information regarding program supplies and services



## COMMUNICATION RIGHT

- to request and receive visits
- to send and receive communications privately and freely
- to express grievances and concerns without fear or issue
- to access translation services or deaf/hard of hearing support



## SEXUALITY RIGHT

- to free expression of sexuality while respecting the rights of others
- to free expression of your gender identification
- to consensual sexual activity
- sexuality and family planning information
- the opportunity to carry a pregnancy to term or to secure a safe abortion

